vzctl prints the following upon adding this line:

```
 ==========================================================
================
```
Due to conntrack impact on venet performance, conntrack need to be disabled
on the host system (it will still work for containers).

Adding the following option to /etc/modprobe.d/openvz.conf

    options nf_conntrack ip_conntrack_disable_ve0=1

This change will take effect only after the next reboot.

NOTE: IF YOU NEED conntrack functionality, edit $file NOW,
changing =1 to =0. DO NOT REMOVE the line, or it will be re-added!
```
 ==========================================================
================
```

I think this explains it. Also, make sure you DO NOT COMMENT OUT this line, but change the
parameter value to 0, otherwise it might be re-added during vzctl upgrage.