I had this same issue after running updates on CentOS 6.2. It was frustrating to debug and took out my servers. Here is what I discovered and hopefully this helps someone else to not waste there time.

It appeared to be an issue with space versus tab in my particular situation the /etc/vz/conf files. My original file was something to this effect

FIREWALL="
<space><space>[80,443]
<space><space>*
"

I attmepted
FIREWALL="[80,443]*"
...No Luck..

I changed it to
FIREWALL="
<tab>[80,443]
<tab>*
"

vzfirewall -a
vzfirewall -t
service iptables restart

This solved my issue, vzlist started working and my firewall was back to normal.