Great thanks for the help! Before you responded I got so frustrated that i just decided to change OS from Fedora 16 KSFE (mightve been XFSE i cant remember) to Fedora 16 KDE. So far I am COMPLETELY satisfied with the change the KDE version of Fedora 16 is amazingly awesome. The interface is extremely pleasing to the eye and I feel like its easier to navigate. I also found different software to run a VM off of that works properly (Oracle VirtalBox)

Thanks again!
-Joseph