Dear Samuel,

I do not think that your question is Virtuozzo specific. You can upgrade any packages inside your VPS, it should work well.

I've googled and found the following description:
 http://ubuntuguide.org/wiki/Ubuntu:Feisty#Upgrade_from_Dappe
r_Drake_to_Edgy_Eft_to_Feisty_Fawn

In general I do not expect any troubles. As far as I know many people have upgraded their VEs without any problem.

However I would note that as each upgrade this one is a risky procedure and you have a some chance to broke something. If you feel that you are have no enough experience -- probably it makes sense for you to wait until someone confirms that this upgrade really works well.

thank you,
        Vasily Averin