I am running Debian Etch as the VPS, and Ubuntu in one of the Virtuals running a Zimbra system. My concern with VzDump is that : (My bad) I didn't planned ahead and created lvm system. -- I think I need to add a new Disk just for backups.

Here is my question:
Since I am using vzdump without suspend/snapshot (I can afford downtime), I know I am going to end up with inconsistent data.
In the case of PostFix/Ldap/Tomcat/Mysql ,
 what would imply to have inconsistent data? When I restore using that backup, am I going to have corrupted files?

Regards,

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